**Humber, Coast and Vale Health and Care Partnership**

**Hull Cardiology Pilot**

The Cardiology pilot in Hull stems from conversations of how the VCSE sector can support with the number of people on waiting lists waiting for clinical interventions. This support could come in the form of secondary care and health management whilst people wait.

This pilot is to focus on the cardiology waiting list and those patients that are deemed low risk and could be waiting for a longer period of time before they are seen. It is important whilst individuals wait for interventions that they are supported to maintain their health and wellbeing and this pilot has a focus on their physical health whilst providing an offer to support other aspects of their health and wellbeing as needed.

This programme with work with individuals from Hull GP Practices that are on the cardiology waiting lists at Hull University Teaching Hospital. A cohort of individuals will be identified and offered to take up suitable physical activity opportunities that can support them to proactively look after their physical health.

For patients this means that they are more likely to be fit and healthy and able to undertake the prescribed intervention when the time comes. In addition, patients are engaged in support whilst waiting and can access other support that they may need to access.

The pilot will be delivered over a 12 month period engaging around 500 patients using a social prescribing approach and working with physical activity providers across the city.

If successful this pilot could be rolled out across Humber, Coast and Vale and also provides a model of working for other clinical themes.